

A photograph of two construction workers on a job site. They are wearing yellow hard hats and orange safety vests over plaid shirts. The worker on the right is smiling and holding a green thermos and a roll of white paper. The background shows a dirt area with some construction equipment and a white car.

## From Awareness to Action: Suicide Prevention in the Workplace

February 18, 2026

# Today's Speakers



**Ashley Bryant, LPC**

Extension Associate

Employer Assistance and Resource  
Network (EARN)



**Meg Delp, PsyD LMFT**

Director of Workplace Mental Health

National Alliance on Mental Illness  
(NAMI)

# Resources

- [988 Suicide and Crisis Lifeline](#)
- **NAMI Resources**
  - [Workplace Mental Health Crisis Guide](#)
  - [Supporting Employee Mental Health During Challenging or Traumatic Times](#)
  - [NAMI HelpLine](#)
  - [NAMI Resource Guide: Risk of Suicide](#)
- **EARN Resources**
  - [Workplace Mental Health Toolkit](#)
- **Additional Resources**
  - U.S. Department of Labor [Deputy Secretary Sonderling's Message on Suicide Prevention: Preventing Suicide Through Awareness](#)
  - The Campaign for Disability Employment's [Mental Health at Work: What Can I Do?](#)
  - Job Accommodation Network's [A to Z: Mental Health Conditions](#)

# Questions?

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# EARN Funding Statement

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