

EARN Webinar:
***Leading Veterans:
Practical Strategies for Supporting Mental Health at Work***
April 15, 2026

Featured Speakers

Amber Alpízar

Operation Enduring Freedom Service Medal
Veteran

Former Senior Director of HR, Cornell
University

Founder and Owner, ALIGN Impact Coaching
and Consulting



Amber Alpízar is service-disabled veteran business owner (SDVBO) and an Operation Enduring Freedom Service Medal Veteran. She served in the U.S. Army Reserves from 1999 to 2009 and brings firsthand understand of the military-to-civilian transition. Throughout her career in HR leadership, Amber worked directly with veteran employees and managers to strengthen onboarding and long-term retention strategies. At Cornell University, Amber chaired the Veterans Colleague Network Group, spearheaded Cornell's Military Advisory Council, facilitated veteran retreats, and collaborated with organizations such as the Wounded Warrior Project, Veterans for Peace, and Warrior Writers. As founder of ALIGN Impact Coaching and Consulting, Amber advises organizations on leadership effectiveness and workplace practices that support employee well-being and operational performance.

Ashley Bryant, LPC

Extension Associate, Yang-Tan Institute on
Employment and Disability



Ashley Bryant is an extension associate at the Yang-Tan Institute on Employment and Disability. Dr. Bryant supports EARN's research and content development on workplace mental health and accessibility. Dr. Bryant is passionate about workplace access, and she has a wealth of experience working as a rehabilitation counselor to ensure people with disabilities are included in the workforce. She served as a corporate consultant and trainer for Dellanni Consulting and a Vocational Rehabilitation Specialist III for the Oklahoma Department of Rehabilitation Services prior to joining the Yang-Tan Institute. Dr. Bryant is a licensed mental health counselor. Her dissertation research involved exploring the role of family cohesion in influencing the vocational identity status of emerging adults with autism spectrum disorder.

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